

DDW Alumni Roundtable

These Roundtable sessions are put in place to support health inquirers, who understand how to build wellness signatures, and hence understand the complexity associated with root cause data driven medical platforms. There is often confusion, both in the conventional and functional world, due to the enormous complexity of using data to drive clinical decisions, which often leaves patients feeling alone even after spending lots of resources seeking help from data driven health clinicians. Through these efforts we are hoping to merge these holes to achieve the most cost effective and efficient data driven healthcare platform for the community.

When-after the workshop (will notify once workshop dates are set) and first Wednesday and Saturday of each month from 11:00-12:30 pm

Where-DE or PA (see email for more details) .

How frequently First Wed and Saturday of each month

Limitations-Only workshop alums have access to the sessions and can participate as many times as they wish.

Fee-No charge and minor donations welcome. No donation is too small even one dollar helps.

Additional Benefits-1. Building a community of data driven wellness inquisitors, who can help one another on their health journey thus chat platforms will be implemented as we grow. 2. Applied learning through case studies 3. Private condition chats (PCC) 4. Translational science research based on discoveries from the roundtables and private condition chats.

5. Business sharing. Note.. the businesses in the DDW community will be lightly promoted through spreadsheets that will be updated and emailed after each session.

Objectives

We will strictly adhere to the below objectives in order to minimize time spent on detouring from the primary goal of matching the right clinician, tests, and interventions for specific conditions alums are experiencing. The value of this may not be quite evident at this point but if one can find practitioners experienced in their condition/pathway this could minimize suffering, time and money spent looking for solutions.

Order of Importance

1. Where to start your wellness journey
2. Clinician Resources
3. Testing resources
4. Wellness signature
5. Markers you want discussed

1. Where to start?

2. Clinician Resources

1. Have you found a clinician?
2. Why do you like or have questions about this clinician
3. If not what are your limitations
4. Have you had the chance to ask the DDW questions to your clinician
5. Any Pathway experts?
6. If so which pathway and how many patients

7. Have you been helped by any clinician specifically ex..has your data points shifted as a result of interventions. If so what testing was done?

Importance-to match clinicians experienced in specific conditions or pathways to folks experiencing those types of health conditions. A perfect match will lead to quicker and better outcomes and less time and money spent on resolving health issues. This is a big feat and if well organized this can become a reality.

3. Testing Resources

1. Have you done any testing
2. Pros and Cons on cost and amount of markers
3. Pros and Cons on the interpretation
4. Pros and Cons on the synthesis of the data

4. Medical Signature/Markers Tested

1. Review of wellness signature
2. Which medical signature markers have you tested?
3. Which medical signature markers are you confused by?

5. Markers you want discussed

We encourage our alums to discuss their markers with other alums to help guide direction, however Well One team can't diagnose, but rather offer light guidance. This section of the learning labs will be more of a conversation and less of interpretation since the science is not all there yet. These conversations will help build the scientific arm, while also offer direction to the alums.

Email markers you want discussed in advance.

Deeper conversations on basic labs will be available after the lab module (estimated launch in October)

As part of this community all members are encouraged to share passions, interests, and their business with other health inquirers. Please bring a business card and/or note of what you would like to share with other DDW inquirers in hopes of connecting with others experiencing the same situation. Ex. Of similar situation could be an out of range lab marker, a genetic SNP, or an unwell state. There will be a basket available to place note/biz card.